## DISTRICT 7-A & 8-A AREA TRACK MEET 13 April 2017 Hamlin, TX

9:00-9:30 Scratch meeting

9:45 3200 Run

VG, VB

10:30	Field Events:	
	Pole Vault	Varsity Girls
	Triple Jump	Varsity Girls
	Discus	Varsity Boys
	High Jump	Varsity Boys

11:45 Followed by:

Long Jump	Varsity Girls
Shot Put	Varsity Girls
Triple Jump	Varsity Boys
Pole Vault	Varsity Boys

1:00	Followed by:	
	High Jump	Varsity Girls
	Discus	Varsity Girls
	Long Jump	Varsity Boys
	Shot Put	Varsity Boys

## • Running will start an Hour after field events are over and we will go by regional time schedule

3:00	400 Relay
3:10	800 Meters
3:25	100 Low Hurdles
3:40	110 High Hurdles
3:50	100 Meters
4:00	800 Relay
4:15	400 Meters
4:30	300 Hurdles
4:45	200 Meters
4:55	1600 Meters
5:10	1600 Relay