

BOYS AND GIRLS TRACK AND FIELD MEET SCHEDULE

Contested at South Plains College Track

Friday, April 29, 2016

Field Events	Boys	Girls
8:30 AM	Discus, Pole Vault	High Jump
11:30 AM	Triple Jump	Shot put, Long Jump

Running Preliminaries: Girls then Boys

9:00 AM	3200 Finals
2:30 PM	400 Relay
3:00 PM	100 Low Hurdles
3:15 PM	110 High Hurdles
3:30 PM	100 Meters
3:45 PM	800 Relay
4:05 PM	400 Meters
4:25 PM	300 Hurdles
4:45 PM	200 Meters
5:00 PM	1600 Relay

Saturday, April 30, 2016

Field Events	Boys	Girls
8:30 AM	High Jump	Discus, Pole Vault
11:30 AM	Long Jump, Shot put	Triple Jump

Running Finals: Boys and Girls

2:30 PM	400 Relay
2:40 PM	800 Meters (Final Only)
2:55 PM	100 Low Hurdles
3:10 PM	110 High Hurdles
3:20 PM	100 Meters
3:30 PM	800 Relay
3:45 PM	400 Meters
4:00 PM	300 Hurdles
4:15 PM	200 Meters
4:25 PM	1600 Meters
4:40 PM	1600 Relay

****SPC Track will be open for Relay Hand-offs each day from 1:00 PM to 2:00 PM****

****800M run will be contested as a FINAL only at 2:40 p.m. Saturday.**