

# Double Mountain Relays

March 29, 2018

Aspermont, Texas

## Schedule

10:30am-12:00pm Scratch Meeting

**12:30** 3200 M Run Girls and Boys

**12:30** Pole Vault Boys West Runway

**1:30** Pole Vault Girls West Runway

**12:30** Field Events Triple Jump Girls Northwest Pit  
Shot Put Boys  
Discus Girls  
Long Jump Boys East Pit  
High Jump Boys

**2:00** Field Events Triple Jump Boys NWPit  
Shot Put Girls  
Discus Boys  
Long Jump Girls East Pit  
High Jump Girls

**4:00 - 5:00** Dinner for coaches and workers

**5:15** **National Anthem**

**5:20** Finals: 400 M Relay VG-JVB- VB  
800 M Dash VG- JVB-VB  
100 M Hurdles VG  
110 M Hurdles VB  
100 M Dash VG-JVB-VB  
800 M Relay VG-JVB-VB  
400 M Dash VG-JVB-VB  
300 M Hurdles VG-JVB-VB  
200 M Dash VG-JVB-VB  
1600 M Run VG-JVB-VB  
1600 M Relay VG-JVB-VB

\*Times are estimates, we will move the track meet along when possible

\*All throwing, jumping, and running are finals only

\*Each athlete will receive 4 jumps or throws. JV will receive 3 jumps or throws