

District 7A Track Meet Schedule

Wednesday April 4, 2017

8:30am-9:00am		Scratch Meeting (Scratch and substitute only)	
9:15 am		3200 Run	VG, VB
9:45 am	Prelims	4x100m Relay	JV
		800m Run	JV
		100m Hurdles	VG
		110m Hurdles	JV
		100m Dash	JV, VG, VB
		4x200m Relay	JV
		400m Dash	JV, VG, VB
		300m Hurdles	JV, VG
		200m Dash	JV, VG, VB
		1600m Run	JV
		4x400m Relay	JV
12:15	Field Events:		
		Pole Vault	Varsity Boys
		Triple Jump	Varsity Girls
		Long Jump	Varsity Boys
		Discus	Varsity Girls
		Shot Put	Varsity Boys
		High Jump	Varsity Boys
1:30	Followed by:		
		Pole Vault	JV Boys
		Triple Jump	Varsity Boys
		Long Jump	JV Boys
		Discus	JV Boys
		Shot Put	Varsity Girls
		High Jump	Varsity Girls
2:45	Followed by:		
		Pole Vault	Varsity Girls
		Triple Jump	JV Boys
		Long Jump	Varsity Girls
		Discus	Varsity Boys
		Shot Put	JV Boys
		High Jump	JV Boys
4:45pm	Running Finals:		
	4:45	4x100m Relay	VG, VB
	5:00	800m Run	VG, VB
	5:15	100m Hurdles	VG
	5:20	110m Hurdles	VB
	5:35	100m Dash	VG, VB
	5:50	4x200m Relay	VG, VB
	6:05	400m Dash	VG, VB
	6:20	300m Hurdles	VG, VB
	6:35	200m Dash	VG, VB
	6:50	1600m Run	VG, VB
	7:05	4x400m Relay	VG, VB